

FOOD - EMERGENCY PREPAREDNESS

- 1) **Store Foods Together**: Go shopping, can foods, freeze meals together. Create a ward garden, maintain together.
- 2) Get **CERT** trained.
- 3) **Auto maintenance** classes
- 4) Organize the ward to **Buy In Bulk**.
- 5) **PRACTICE** – climbing out of a burning house, turning off gas, setting up shelter, setting up and maintaining a porta potty, meeting at a specified location, organizing the church building as a shelter, etc. The idea is to actually practice these things before you're forced to, but talking about, and sharing tips, is very important too.
- 6) Volunteer to **LIVE OFF YOUR FOOD STORAGE** for a period of time, or spend a weekend **SURVIVING ON YOUR 72 HOUR KIT** and report on what you learned.
- 7) Take a small group to work at the **manufacturing plants, or farms,** owned by the church (you can call to volunteer outside of your typical ward assignments): **Soap, pasta, CHEESE, Wet Pack apples, STRAWBERRIES**, etc. You often get to buy, or take home, whatever you worked on.
- 8) Invite a **Master Gardener** to offer tips on gardening.
- 9) If someone has a wheat grinder (and they don't mind sharing) **HAVE A WHEAT GRINDING DAY.** Or a bread baking day.